At Reach we believe in the potential of every child and we know that each child is unique.

We work together with families to recognize each child's strengths and develop their abilities.



Reach Child and Youth Development Society holds the three-year accreditation for Community Services: Child and Youth Services, and Community Services: respite Services. CARF (The Commission of Accreditation of Rehabilitation Facilities).

### Reach Respite Program

The Reach Children's Respite Care Program provides service to families in Delta who have children from birth to age 19 with special needs and require support in caring for their child.

Respite care gives families temporary relief from the challenges of caring for a child with a developmental disability, whether this relief is for a few hours, a day, a weekend, or longer depending on the families needs. The program allows families to rest, take a vacation, tend to life's necessities, or deal with stressful situations such as illness, death or moving.

Respite Caregivers are
carefully interviewed and
screened and receive
ongoing training and
support through the
Community Respite
Program. We have
host families and single
caregivers who provide
respite care in their
homes, in the
community or

in the family home. Sibling care may be provided upon request.

The Reach Respite Program is based on the premise that families know their

children best. To ensure that preferences have been taken into consideration, we have recruited a group of caregivers who reflect the diversity of the families we serve.

#### Benefits of the Respite Care Program

Respite care is not a luxury; it is essential for a family's well being. It can prevent parents from becoming so stressed and fatigued that they can no longer cope with the special needs of their child or respond to the needs of other family members.

Respite care enables families to have options and choices when making decisions for their children, promotes awareness and acceptance of children with special needs and their families in the community, and encourages open and equal access to all community resources and services.

"Respite care is not a luxury; it is essential for a family's well-being."

#### **Group Respite**

Reach Group Respite is a program for families who would like to choose a group option for their child while providing a break for the family. There are 2 groups for children to attend; one group is for children 4 to 10 years of age and the second group is for children 10 to 19 years of age. The program runs the first and third Saturday of each month from 9:30 to 3:00 p.m. providing families with a total of 11 hours of respite per month. Group Respite promotes skills development, friendships, positive self-esteem, and community awareness, while decreasing possible isolation.

#### Referrals to the Respite Program

All referrals to the Reach Respite and Reach Group Repite Programs must go through the Ministry for Child and Family Development (MCFD), Child and Youth with Special Needs Social Worker. For the Delta MCFD office, call 604-501-3237. The Respite Program is an income tested service and a small user fee may be assessed by the MCFD Social Worker.

For more information please contact our Respite Coordinators, Melanie Reid at 604-946-6622 ext. 305 or melanier@reachchild.org; for Group Respite contact Denise Sheridan at 604-946-6622 ext. 340 or denises@reachchild.org.







#### Believing in potential

Each year over 800 children benefit from programs and services at Reach Child and Youth Development Society. Our family-centered, individualized, and responsive approach means that families experience success and each child is given the opportunity to reach their potential.

Family Centered Our family-centered philosophy recognizes that the family is the major decision maker and constant in the child's life and as such, we believe families should be in control and informed. We believe, that the primary aim of good service planning is to enable and empower families.

Individualized We recognize and respect the diversity and uniqueness of families and children and provide individualized approaches to goal identification and service planning.

**Responsive** We believe that it is essential that services be flexible to meet the changing needs of children and families, and to respond to input from the community regarding those needs.

**Experts in our field** We have brought together professionals with expertise and knowledge in a variety of areas including Early Childhood Educators, Speech Language Pathologists, Behavioural Consultants, Supported Child Development Consultants, Occupational Therapists, Infant Development Consultants, and others with extensive experience supporting families and children.

#### Our mission is to

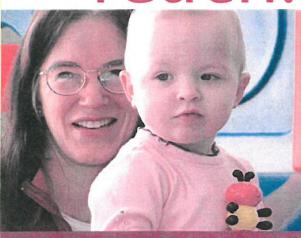
- provide early and timely intervention for children with special needs in a family-centered manner
- provide choices and ongoing support to children and families
- facilitate and support the full integration of all children into our community
- exist as a quality community resource for the optimal development of children from infancy onwards



January 2016

## When your family needs care for a child with special needs...

# Help is within reach.



**Respite Program** 

#### www.reachdevelopment.org

3-3800 72nd Street, Delta, BC V4K 3N2 Tel 604-946-6622 Fax 604-946-6223 info@reachchild.org

Core funding for Reach is provided by







"BELIEVING IN POTENTIAL"